



Bergisches Hämmerchen

Männer / Frauen Wertung



Frauen

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen		Radfahren		Laufen		Gesamt
1	540	Milena Kauertz		WJUN	1	10:14	(8)	50:26	(2)	22:42	(1)	1:23:21
2	504	Naemi Göbel	ASC Düsseldorf	TW25	1	9:23	(2)	54:12	(11)	25:13	(2)	1:28:47
3	421	Katrin Vach	RE Schwelm	TW40	1	11:53	(18)	50:30	(3)	26:45	(6)	1:29:09
4	558	Marit Hundertmark	TriForce-Vital Remscheid	TW25	2	10:37	(9)	51:27	(4)	27:06	(8)	1:29:10
5	306	Désirée Richter	SG Wuppertal	TW40	2	7:39	(1)	54:50	(12)	27:08	(9)	1:29:37
6	501	Anna Fetzer		TW20	1	12:13	(20)	50:23	(1)	27:02	(7)	1:29:38
7	539	Kathleen Stiebel	WSV Oberhof	TW40	3	10:49	(11)	53:24	(8)	26:39	(5)	1:30:52
8	552	Johanna Severin	LT Starlight Team Essen	TW20	2	9:56	(6)	52:43	(6)	29:12	(14)	1:31:52
9	560	Cora-Maj Märker-Neuhaus		TW30	1	11:19	(14)	54:07	(9)	26:28	(4)	1:31:54
10	440	Simone Hensel		TW45	1	12:32	(23)	52:24	(5)	31:19	(21)	1:36:15
11	419	Petra Barrenstein	Schwelmer SC	TW40	4	10:37	(10)	54:07	(10)	31:31	(22)	1:36:15
12	405	Emilia Macdonald		WJUN	2	13:01	(26)	57:11	(15)	26:21	(3)	1:36:33
13	442	Anneke Keuls		TW35	1	14:15	(43)	52:54	(7)	33:31	(32)	1:40:40
14	416	Maya Reißer	Wasserfreunde Wuppertal	TW35	2	10:59	(13)	1:02:07	(26)	27:45	(10)	1:40:51
15	415	Carina Göbel	Helios Iron Team	TW55	1	13:13	(31)	58:31	(19)	29:31	(16)	1:41:15
16	407	Joa-Fee Stöttner	Ölbergx3	TW20	3	11:29	(17)	56:16	(14)	33:41	(33)	1:41:27
17	526	Helen Löggers	ASV Wuppertal	WJA	1	9:34	(3)	1:02:50	(34)	29:03	(13)	1:41:27
18	364	Susanne Ries		TW30	2	11:26	(16)	57:27	(16)	32:45	(28)	1:41:38
19	349	Nadine Brede		TW45	2	11:20	(15)	1:02:33	(30)	29:24	(15)	1:43:17
20	541	Christina Muscutt		TW35	3	12:28	(22)	1:00:26	(21)	31:01	(19)	1:43:55
21	321	Nicole Meyer		TW50	1	12:42	(24)	57:28	(17)	34:10	(36)	1:44:20
22	561	Sabrina Flasch	Wuppertal	TW40	5	13:42	(38)	1:02:37	(31)	28:29	(11)	1:44:47
23	554	Katrin Prange	SG Welper Triathlon / power and pace	TW40	6	13:53	(40)	58:30	(18)	32:31	(25)	1:44:55
24	505	Anja Ketzscher	Helios Iron Team	TW50	2	13:35	(37)	1:02:38	(32)	29:02	(12)	1:45:16
25	410	Britta Oberstedd		TW35	4	13:17	(33)	1:01:50	(24)	30:34	(18)	1:45:41
26	515	Katrin Schmitz		TW40	7	14:22	(45)	59:30	(20)	31:52	(24)	1:45:44
27	519	Paula Leonhardt	Nacktschneckenerschrecke	TW25	3	9:50	(4)	1:02:44	(33)	33:15	(30)	1:45:49
28	548	Julia Emilia Wyrozowski		TW20	4	13:02	(27)	1:01:59	(25)	31:08	(20)	1:46:08
29	434	Kirsten Haberer	Fahrradstadt Wuppertal e.V.	TW35	5	13:22	(35)	55:58	(13)	36:52	(40)	1:46:12
30	343	Iris Kleiminger		TW55	2	13:15	(32)	1:02:27	(29)	31:50	(23)	1:47:32
31	537	Paula Luise Scheu	Triballer	TW25	4	12:13	(21)	1:02:25	(28)	33:56	(35)	1:48:34
32	516	Stefanie Braun	Team Kräwinkel	TW55	3	13:48	(39)	1:01:29	(23)	33:25	(31)	1:48:42
33	347	Elisa Miloszewski		TW40	8	14:01	(42)	1:02:10	(27)	32:32	(26)	1:48:43
34	350	Gitta Siepmann		TW45	3	15:07	(46)	1:00:56	(22)	33:49	(34)	1:49:52
35	463	Silke Weier	Marathon-Club Menden	TW60	1	9:54	(5)	1:05:28	(35)	36:26	(39)	1:51:48
36	422	Elena Schneider	Tri Force Vital Remscheid	TW25	5	12:06	(19)	1:08:12	(39)	32:36	(27)	1:52:55
37	448	Margreet de Vree	SPORT-PROST	TW40	9	13:07	(30)	1:07:37	(37)	33:10	(29)	1:53:54



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Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen		Radfahren		Laufen		Gesamt
38	459	Annet de Vree		TW40	10	12:55	(25)	1:07:49	(38)	34:32	(37)	1:55:16
39	322	Laura Köhler		TW25	6	13:18	(34)	1:14:59	(43)	29:50	(17)	1:58:08
40	401	Lynn Hansen		TW25	7	13:33	(36)	1:08:50	(40)	37:41	(41)	2:00:04
41	447	Cornelia Böttcher	SF Ennepetal	TW60	2	14:17	(44)	1:10:14	(41)	35:36	(38)	2:00:07
42	302	Manuela Geisler	CVJM-Westbund e. V.	TW60	3	14:00	(41)	1:06:46	(36)	39:48	(42)	2:00:35
43	533	Isabelle Heuser	TriEnten	TW20	5	13:03	(28)	1:14:55	(42)	43:54	(45)	2:11:52
44	460	Anika Gericke	ASV Schwimmer	WJUN	3	10:51	(12)		()		()	2:13:52
45	534	Nele Sander	TriEnten	TW20	6	13:04	(29)	1:19:45	(44)	42:03	(44)	2:14:51
46	461	Svenja Gericke	ASV Schwimmer	TW20	7	10:09	(7)	1:20:49	(45)	51:22	(46)	2:22:21
47	531	Sara Bröcker	Sara	TW25	8	16:08	(47)	1:31:23	(46)	40:18	(43)	2:27:49

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Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen		Radfahren		Laufen		Gesamt
1	550	Thomas Schulte	DLC Aachen	TM35	1	7:25	(2)	39:12	(1)	21:42	(2)	1:08:19
2	513	Sascha Severin	LT Starlight Team Essen	TM50	1	8:44	(6)	41:54	(2)	23:28	(6)	1:14:06
3	446	Timo Schürmann	TriForce-Vital	TM25	1	6:34	(1)	43:28	(4)	24:35	(10)	1:14:37
4	362	Sven Wucherpfennig	TG Neuss Triathlon	TM50	2	7:44	(3)	43:56	(5)	24:53	(13)	1:16:33
5	502	Marc Schulte	LG Alpen	TM30	1	9:49	(14)	45:07	(10)	21:38	(1)	1:16:33
6	462	Ralf Weier	Marathon-Club Menden	TM60	1	8:23	(5)	44:00	(6)	24:17	(8)	1:16:40
7	562	Frank Linde	PV Triathlon TG Witten	TM50	3	9:37	(12)	42:21	(3)	25:19	(15)	1:17:16
8	538	Simon Potthast	ASV Wuppertal	TM25	2	7:50	(4)	44:25	(8)	27:42	(37)	1:19:57
9	429	Ralf Pütz		TM50	4	10:19	(23)	44:03	(7)	26:25	(25)	1:20:47
10	453	Matthias Johannink		TM40	1	9:00	(7)	45:55	(12)	26:48	(27)	1:21:43
11	357	Achim Goldschmidt	"Pflanzlich... vind' ich gut!!!"	TM35	2	10:10	(18)	48:32	(22)	23:28	(5)	1:22:10
12	333	Henrik Harde	Sore Legs aka Trail-Surfer	TM45	1	13:31	(75)	46:13	(13)	22:28	(3)	1:22:12
13	441	David Braunstein		TM35	3	10:15	(19)	47:44	(19)	24:17	(7)	1:22:15
14	344	Matthias Menzel		TM40	2	11:07	(36)	45:48	(11)	26:17	(24)	1:23:12
15	510	Lars Schwedler	The Schwedis	TM35	4	15:12	(88)	44:52	(9)	23:17	(4)	1:23:21
16	512	Martin Jähne		TM40	3	10:41	(27)	47:25	(17)	25:19	(16)	1:23:25
17	547	Benjamin Musch		TM35	5	9:01	(8)	50:00	(26)	24:48	(12)	1:23:49
18	403	Holger Neuhaus		TM40	4	11:04	(35)	47:25	(16)	25:49	(19)	1:24:18
19	457	Oliver Hofer		TM40	5	11:26	(40)	47:27	(18)	26:10	(23)	1:25:03
20	509	Jan Schwedler	Die Schwedis	TM35	6	11:28	(41)	48:02	(20)	26:03	(22)	1:25:33
21	335	Lars Schmidt	Hildener AT Triathlon	TM50	5	9:47	(13)	49:56	(25)	25:52	(21)	1:25:35
22	332	Jan Vetter	S.V. Bayer Wuppertal	TM45	2	10:17	(21)	50:20	(28)	25:49	(20)	1:26:25
23	423	Tobias Kuckelsberg		TM20	1	12:28	(53)	49:52	(24)	24:31	(9)	1:26:51
24	544	Kai Dave Diepers	Schwimmflügel-Sprinter	TM30	2	9:55	(15)	51:28	(31)	25:41	(18)	1:27:04
25	326	Yogi Müller		TM55	1	10:52	(29)	47:22	(15)	28:56	(42)	1:27:10
26	319	Marian Geisler		TM20	2	12:03	(47)	48:46	(23)	26:50	(29)	1:27:39
27	546	Hauke Rüha	RC Musketier Wuppertal	TM40	6	13:46	(76)	47:18	(14)	27:41	(36)	1:28:45
28	314	André Burré	Die Wuppertaler Kette	TM60	2	10:19	(22)	50:14	(27)	28:27	(40)	1:29:00

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Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen		Radfahren		Laufen		Gesamt
29	320	Sascha Grenzdörfer	WupperRunner one more Time	TM50	6	10:35	(26)	51:33	(32)	27:20	(31)	1:29:28
30	428	Christian Menzler		TM40	7	10:55	(32)	50:42	(30)	28:24	(39)	1:30:01
31	559	Julian Achenbach		TM25	3	10:05	(17)	55:34	(55)	25:09	(14)	1:30:49
32	520	Jonas Nett	Nacktschneckenerschrecker	TM20	3	12:32	(56)	48:06	(21)	30:34	(55)	1:31:11
33	508	Sebastian Stücker		TM35	7	13:22	(69)	52:53	(34)	25:30	(17)	1:31:45
34	354	David Fischbach	Ausdauerschule bunert	TM35	8	11:25	(39)	55:54	(57)	24:42	(11)	1:32:01
35	433	Marvin Szlapa	Schiedsrichter Remscheid	TM25	4	15:30	(90)	50:34	(29)	26:38	(26)	1:32:43
36	409	Mathias Kehren	Ölbergx3	TM45	3	9:05	(9)	56:00	(58)	27:54	(38)	1:32:59
37	532	Maxime Hallen		MJA	1	12:04	(48)	54:26	(41)	27:18	(30)	1:33:48
38	404	Rob Wouters	TV Cerberus Nijmegen Niederlande	TM55	2	11:34	(42)	55:50	(56)	26:50	(28)	1:34:14
39	317	Markus Heinz		TM35	9	14:08	(81)	53:15	(35)	27:38	(35)	1:35:01
40	329	Jan Hermes		TM30	3	10:15	(20)	54:46	(46)	30:08	(53)	1:35:09
41	451	Bodo Kath	PSV Iserlohn	TM55	3	14:28	(83)	53:51	(37)	27:30	(32)	1:35:49
42	315	Dirk Bergmann	Die Wuppertaler Kette	TM60	3	12:21	(52)	53:54	(38)	29:43	(48)	1:35:58
43	549	Tim Schlichting		TM30	4	9:20	(11)	53:47	(36)	33:05	(69)	1:36:12
44	551	Timo Babbo		TM30	5	11:45	(46)	54:55	(47)	29:47	(50)	1:36:27
45	312	Claus Geisler		TM55	4	10:30	(24)	54:58	(48)	31:04	(58)	1:36:31
46	503	Sven Puzicha		TM35	10	12:36	(57)	54:35	(44)	29:24	(44)	1:36:35
47	310	Philipp Roth	Woinhem 69	TM25	5	12:49	(62)	55:18	(51)	28:42	(41)	1:36:49
48	328	Felix Hermes		TM25	6	10:31	(25)	54:31	(43)	32:15	(64)	1:37:18
49	413	Axel Oberstedt		TM45	4	14:51	(86)	54:59	(49)	27:32	(34)	1:37:22
50	523	Daniel Hallen		TM55	5	13:25	(71)	54:37	(45)	29:43	(49)	1:37:45
51	400	Heiko Hansen		TM55	6	12:09	(49)	57:36	(64)	29:07	(43)	1:38:52
52	542	Michael Krüner		TM50	7	11:01	(34)	55:26	(54)	32:26	(65)	1:38:53
53	455	Kai Ulmer	DJK STG Köln-Nord e.V.	TM25	7	9:13	(10)	56:08	(59)	33:33	(72)	1:38:55
54	417	Frank Eder	Pero-System	TM55	7	14:49	(85)	52:29	(33)	31:36	(61)	1:38:55
55	464	Moritz Vesper		TM40	8	13:20	(68)	56:18	(60)	29:40	(47)	1:39:18
56	402	Alexander Umbreit	Barmer TV Wuppertal 1846	TM45	5	13:24	(70)	53:58	(39)	32:34	(67)	1:39:55
57	358	Leo Freitag		TM30	6	11:20	(37)	1:01:22	(76)	27:32	(33)	1:40:13
58	511	Klaus-Dieter Uebis	BSG Barmenia Versicherungen	TM60	4	13:26	(72)	56:25	(62)	30:31	(54)	1:40:22
59	536	Michael Grahl	Triballer	TM55	8	10:52	(29)	55:16	(50)	34:20	(75)	1:40:28
60	439	Frank Pickhard	Styrumer TV	TM60	5	13:11	(67)	54:28	(42)	33:53	(74)	1:41:32
61	430	Peter Steuernagel		TM50	8	13:30	(73)	56:53	(63)	31:11	(59)	1:41:34
62	340	Yannick Cramer von Clausbruch		MJUN	1	13:56	(80)	58:30	(67)	29:33	(45)	1:41:59
63	338	Jörg Blesgen	Team BB	TM55	9	12:50	(63)	59:05	(68)	31:17	(60)	1:43:12
64	454	Nils Lanfer	NoPainNotAgain	TM40	9	12:46	(61)	57:45	(65)	32:54	(68)	1:43:25
65	348	Lars Brede		TM45	6	11:42	(44)	1:02:14	(77)	29:37	(46)	1:43:33
66	452	Uwe Hannig		TM45	7	12:38	(58)	1:00:40	(72)	30:36	(56)	1:43:54

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67	92	Nachmelder Nachmelder		TM30	7	12:30	(55)	1:01:11	(74)	30:45	(57)	1:44:26
68	324	Guido Quint	Velofreunde Wuppertal	TM55	10	13:09	(66)	55:19	(52)	36:24	(84)	1:44:52
69	414	Stefan Schröter		TM55	11	12:40	(60)	55:24	(53)	38:06	(86)	1:46:09
70	334	Thomas Gatzke	Velofreunde Wuppertal	TM55	12	12:20	(51)	59:06	(69)	35:09	(78)	1:46:35
71	336	Thomas vom Dorff		TM60	6	13:49	(77)	1:01:08	(73)	31:56	(63)	1:46:52
72	363	Holger Hüppe		TM55	13	14:28	(84)	1:00:08	(70)	32:34	(66)	1:47:09
73	351	Stefan Kuckelsberg		TM45	8	17:21	(96)	56:23	(61)	33:26	(71)	1:47:10
74	528	Christoph Mansard	Triballer	TM55	14	11:37	(43)	1:01:13	(75)	35:17	(79)	1:48:06
75	521	Jan Thiel	Nacktschneckenerschrecke r	TM25	8	13:03	(65)	1:03:25	(79)	31:47	(62)	1:48:16
76	352	Achim Becker		TM55	15	15:06	(87)	1:00:30	(71)	33:13	(70)	1:48:49
77	327	Leonard Rizza		TM30	8	10:48	(28)	1:02:27	(78)	36:03	(81)	1:49:18
78	339	Rainer Bartsch	BTV Ronsdorf	TM55	16	15:31	(91)	58:20	(66)	36:17	(83)	1:50:08
79	555	Markus Doenninghaus	Vereinslos	TM55	17	15:14	(89)	1:08:01	(87)	30:06	(52)	1:53:21
80	517	Christian Kleinbäumer	ASV Schwimmer	TM50	9	13:55	(79)	1:06:09	(83)	34:52	(76)	1:54:56
81	529	Gordon Bröcker	Triballer	TM55	18	11:43	(45)	1:07:08	(85)	36:17	(82)	1:55:07
82	337	Julian Blesgen		TM20	4	12:18	(50)	1:13:00	(93)	29:53	(51)	1:55:11
83	435	Alexander Koch		TM40	10	13:30	(74)	1:06:54	(84)	35:07	(77)	1:55:31
84	431	Wojciech Cebula		TM50	10	12:59	(64)	1:05:54	(81)	38:00	(85)	1:56:53
85	530	Cedric Bröcker	Triballer	TM25	9	10:03	(16)	1:06:08	(82)	40:47	(91)	1:56:58
86	341	Wolfgang Gerlach		TM70	1	17:24	(97)	1:07:09	(86)	33:47	(73)	1:58:19
87	356	Sven Macdonald		TM50	11	10:53	(31)	1:10:19	(91)	39:33	(89)	2:00:44
88	507	Oliver Paasch	-	TM50	12	13:54	(78)	1:08:13	(88)	40:30	(90)	2:02:37
89	427	Sven Weber	LütterBikes	TM30	9	11:21	(38)	1:09:29	(90)	44:00	(93)	2:04:50
90	420	Ferdi Nolzen		TM65	1	14:21	(82)	1:09:24	(89)	42:29	(92)	2:06:14
91	301	Maik Sonnenschein		TM35	11	12:29	(54)	1:15:48	(95)	38:08	(87)	2:06:24
92	300	Reinhold Sander	TV Hangelar	TM75	1	16:38	(95)	1:14:29	(94)	35:34	(80)	2:06:41
93	331	Bernd Offer	SV Bayer Wuppertal	TM55	19	15:36	(92)	1:04:15	(80)	48:13	(94)	2:08:04
94	309	Markus Finger	Die Wuppertaler Kette	TM50	13	12:39	(59)	1:12:51	(92)	48:55	(95)	2:14:24
95	543	Carsten Lebek	Triballer	TM25	10	16:08	(94)	1:32:09	(96)	39:32	(88)	2:27:49